

## Transformed - Kimo Hoopai, July 27, 2025

Definition of Transformed from the Bible: In the Bible, "transformed" refers to a profound, internal change, a metabolic shift in essence, rather than just an outward appearance. It's about becoming more like Christ, a process of spiritual renewal that involves the mind, spirit, and even the body according to bible commentaries. This transformation is not a one-time event, but an ongoing process of growth and becoming more aligned with God's will.

New Life / Going against the current / Not your will but Christ will / Good choices / Right mind set / Peculiar people / Ongoing process of growth.

### Key Themes and Verse:

**RENEWAL OF THE MIND - Romans 12:2 NIV** Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will.

Notes: Let God transform you into a new person by changing the way you think." It is possible, however, to avoid most worldly customs and still be proud, covetous, selfish, stubborn, and arrogant. Only when the Holy Spirit renews, reeducates, and redirects our minds are we truly transformed.

**Romans 8:5 NIV** Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.

Notes : Paul divides people into two categories: those who are dominated by their sinful nature and those who are controlled by the Holy Spirit. All of us would be in the first category if Jesus hadn't offered us a way out. Once we have said yes to Jesus, we will want to continue following him because his way brings life and peace.

**TRANSFORMED BY GOD'S SPIRIT - 2 Corinthians 3:18 NIV** And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.

Notes : The Spirit works progressively in us to point out where we need to change. Step-by-step, he gives us insights on how to do it and empowers us with his love. Some change happens quickly, but God works in his own timing. The process may be slow in some areas, so never give up if you don't see the spiritual progress you desire. God will work it out

**Philippians 1:6 NIV** being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

Notes : God initiated our salvation, continues his transforming work in us throughout our lifetimes, and will finish it when we meet him face-to-face.

**2 Corinthians 5:17 NIV** Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

**BEARING THE IMAGE OF CHRIST - 1 Corinthians 15:49 NIV** And just as we have borne the image of the earthly man, so shall we bear the image of the heavenly man.

Notes : Christ's new, glorified human body now suits his new, glorified life – just as Adam's human body was suitable to his natural life. When we are resurrected, God will give us transformed, eternal bodies suited to eternal life.

**Romans 8:29 NIV** For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters.

Notes : How can we become like Christ? By reading and heeding the Word, by studying his life on earth through the Gospels, by spending time in prayer, by being filled with his Spirit, and by doing his work in the world.

**ONGOING RENEWAL - 2 Corinthians 4:16 NIV** - Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.

Notes : It is easy to lose heart and quit. We have all faced problems in our relationships or in our work that have caused us to think about giving up. Rather than quitting when persecution wore him down, Paul concentrated on experiencing the inner strength that comes from the Holy Spirit

#### In Closing

**Isaiah 40:31 NIV** but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Notes : Part of trusting in the Lord is expecting that his promise of strength will help us to rise above life's distractions and difficulties. Do you believe God loves you and wants the best for you? Can you relax, confident that his purposes are right? Are you convinced that he has the power to control all of life – and your life as well? Though your faith may be struggling or weak, hold on tightly to it, and you will begin to experience the strength you need.