

**SIMPLIFY! Kahu Billy Mitchell - April 30, 2023**  
**We Need Time Just To Stop And Breathe The Breath Of Life Before Its Gone Forever!**

**SIMPLIFY** "Life is really simple, but we insist on making it complicated." - Confucius "Voluntary simplicity means going fewer places in one day rather than more, seeing less so I can see more, doing less so I can do more, acquiring less so I can have more." - John Kabat-Zinn "Besides the noble art of getting things done, there is the noble art of leaving things undone. The wisdom of life consists in the elimination of nonessentials." - Lin Yutang "Simplicity is making the journey of this life with just baggage enough." - Charles Warner "Simple can be harder than complex: You have to work hard to get your thinking clean to make it simple. But it's worth it in the end because once you get there, you can move mountains." - Steve Jobs "The greatest wealth is to live content with little." - Plato "There is no greatness where there is not simplicity, goodness, and truth." - Leo Tolstoy "The ability to simplify means to eliminate the unnecessary so that the necessary may speak." - Hans Hofmann

**Christ or the Crises** **Jesus says . . .** <sup>28</sup>"Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup>Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup>For my yoke is easy and my burden is light." Matthew 11:29-30 NIV

John 16:33 NIV "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

James 1:2-3 NIV <sup>2</sup>Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, <sup>3</sup>because you know that the testing of your faith produces perseverance.

Romans 8:28 NASB And we know that God causes all things to work together for good to those who love God, to those who are called according to *His* purpose.

**Trust God!** Trust in the Lord and do good; Dwell in the land and cultivate faithfulness. <sup>4</sup>Delight yourself in the Lord; And He will give you the desires of your heart. Psalms 37:3-4 NASB

Matthew 6:33-34 NIV <sup>33</sup>But seek first his kingdom and his righteousness, and all these things will be given to you as well. <sup>34</sup>Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

**Pule All The Time** Philippians 4:6-7 NASB <sup>6</sup>Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup>And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

### **Psalms Hymns Spiritual Songs**

**In Conclusion, from the word of God** <sup>26</sup>... the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you. <sup>27</sup>Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid. John 14:26-27 KJV